

5th March 2024

Dear Parent / Carer,

Ramadan is a very exciting time of year for many of our children and their families. We will soon be having a special assembly so that the whole school can learn about this festival and a special Ramadan lunch when the festival ends so children can taste some of the traditional foods their friends will eat during this time.

Although within Islam **children do not have to fast** until they reach adolescence or are able to manage it easily, we know that they are often eager to have a go, even if it is for an hour or so.

It is not advisable that primary aged children fast and staff will therefore not enforce that they do so.

If you have a child in Year 6 please keep in mind that they are preparing for their SATs exams during Ramadan and it is important for their concentration that they are able to eat and drink whenever they need to.

If you would like to meet with me to discuss any of the above, please do make an appointment with the school office.

Ramadan Mubarak to Parents and Carers who are fasting!

Best wishes,



Hina Shah – Headteacher